

Dr. Gwendoline Menga Phone: (832) 821-5550 Fax: (936) 207-4109

17191 St Luke's Way Suite 220 The Woodlands TX 77384

Dear Patient:

Thank you for choosing Dr. Menga for your Rheumatology care. In order to expedite the check in process, please review and complete all enclosed documents prior to your appointment. Please bring your completed forms, insurance cards, driver's license, and copies of any recent laboratory tests or imaging reports. You may, if easier for you, have them faxed to our office before your scheduled appointment.

You will receive a confirmation call from our office for each appointment the day before so please make sure to provide accurate contact information and report any changes as soon as possible. Each appointment time is scheduled for one patient in an effort to provide appropriate attention and care. Please provide our office with at least a 24-hour notice should you need to cancel or reschedule your appointment. If you miss an appointment without giving advanced notice, you will be charged up to \$50 for each missed appointment.

If you have an insurance policy that requires an authorization or referral from your primary care physician, it is your responsibility to obtain one. Please make sure you have a valid referral for each visit.

Co-payment amount, if applicable, will be collected at the beginning of each visit. We accept cash, check, Visa and MasterCard. Please note that a \$25 fee will be charged for any bounced or cancelled checks.

Our provider will not be able to provide care for any patient who declines to sign the Medical Services Agreement and Privacy Practices Form.

We look forward to meeting you and assisting you with your medical needs. Please contact our office should you have any further questions or concerns.

Sincerely,

Dr. Menga and staff



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OFFICE HOURS

Monday – Thursday: 8:00 am to 5:00 pm
Friday: 8:00am to 3:00pm
We are CLOSED for lunch from 12:00 pm to 1:00 pm
Phones are open from 8:00 am to 12:00pm and 1:00 pm to 5:00 pm

SCHEDULING APPOINTMENTS

Call our office during normal phone hours to make an appointment.

Any patient 15 minutes (or more) late will forfeit their appointment and will need to reschedule for a late date.

There is a \$50 charge for missed appointments and appointments not cancelled at least 24 hours in advance.

PRESCRIPTIONS

For any **new** prescriptions, please call the office with medication name, dosage, directions and your pharmacy's name and phone number.

For all refills, have the pharmacy fax over a refill request form. For any controlled substance prescriptions, please give a 72 hour notice before the fill date.

MEDICAL RECORDS AND FORMS

All requests for medical records made by another healthcare provider will be faxed to the requesting provider free of charge.

Patient requests for medical records will incur a \$25 charge. Disability forms may be completed (at the discretion of Dr. Menga) for a fee of \$25-\$50.

BILLING

For all billing-related questions, please call 800-893-3557.

We accept cash, check, Visa, and MasterCard.

All copays are due at the time of service.

For self-paid patients, all balances are due at the time of service.

PRIME RHEUMATOLOGY

Office Representative Signature

PRIME RHEUMATOLOGY CLINIC OF HOUSTON PLLC

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MEDICAL SERVICES AGREEMENT

(including emergency treatment or service medical photographs, laboratory procedur instructions of the physician, staff, or other care.	s), which ma es, and/or x health care	ments or procedures which may be performed on an outpatient basis ay include, but are not limited to, medications, injections, taking of ray examinations provided to me under the general and special providers of Prime Rheumatology clinic PLLC (PRCH) assisting my
charges for healthcare services and profess I am a non-insured patient, I agree to pay fo	ional service r my visit in f	narges are due at the time of service. I agree to pay PRCH for all as provided to me by physicians and other healthcare professionals. If ull at the time of service. If the provider is a participating provider with nsurance, deductible and/or any outstanding balances are due at the
I understand that my insurance policy is a confor PRCH to file claims and accept payment information at each visit and that PRCH will to verify my insurance eligibility and benefit will be issued if my insurance pays for the viby my insurance company. When my sponguarantor shall be jointly and individually liat for the collection, the undersigned shall pay	s from my instanced to verify s before my sit. I also uncourse or a final ble with me. So the actual a	ten myself and my insurance company; PRCH is not involved. In order surance company, I understand that I must present current insurance ify my health insurance coverage. In the event that PRCH is not able visit, I agree to pay for my visit in full at the time of service. A refund derstand that I am financially responsible for any services not covered ancial guarantor signs this agreement, the spouse or the financial Should my account(s) be referred to an attorney or a collection agency attorney's fees (including costs) and collections expenses incurred in tred to outside agencies for collection shall bear interest at the current
any other government sponsored program, furnished by that provider. To the extent nec reimbursement for services rendered, I authwhich is or may be liable for all or any port care service plans, government agencies, o obtain any required pre-certification as well I authorize my insurance companies to give revoked in writing. A photocopy of this assig 4. RELEASE OF MEDICAL INFORMATION.	private insur- essary to coc- orize PRCH to ion of PRCH r worker's co- as acting as PRCH any in- gnment and ron.	request that payment of authorized benefits, including Medicare, and cance, and any other health plans be made to PRCH for any services ordinate my health care or determine liability for payment and to obtain to disclose portions of or all of my records to any person or corporation d's charges, including but not limited to insurance companies, health empensation carriers. I authorize PRCH to act as my agent to help me my agent to help me obtain payment from my insurance companies. Information required to fulfill this function. This will remain in effect until release is to be considered as valid as the original. In authorize PRCH to release any information in my chart to any orm I may be referred to assist in my care. Additionally, I authorize any
request for medical information from any medical street for medical information from any medical street for the shall dentures, furs, or other articles of unusual vibration of PLLO The undersigned certifies that he/she has recommended to the street for medical street from the street for medical street from the street	edical practiti not be liable alue and sha C and the pat ead and agre	oner, doctor, hospital, or medical institution to assist in my care. for the loss of or damage to any money, documents, jewelry, glasses, all not be liable for loss or damage to any personal property. itent or the patient's representative, hereby enters into this agreement. Seed to the foregoing, received a copy, and is the patient, the patient's patient's general agent to execute the above and accept its terms.
Signature of Patient	Date	or Signature of Patient's Representative & Relationship Date

Date



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Patient Registration

Last Name:			
DOB:			
Address:			
Primary Phone Number:			
Driver's License Number:			
Employer:			
Email Address:			
Emergency Contacts:			
1. Name:	Relationship:	Phone Nu	mber:
2. Name:			
Primary Care Physician:	Phoi	ne Number:	
Who referred you to Prime F	Rheumatology Clinic?		
Primary Insurance Coverage	e:		
Company:		Group Nur	mber:
Policy Number:	_ Phone Number:		
Secondary Insurance Cover	age:		
Company:		Group Nui	mber:
Policy Number:	Phone Number:		
If you are covered under the complete the following inform		artner, parent or le	gal guardian, please
Last Name:	First Nam	ne:	MI:
DOB:			
Address:			
Primary Phone Number:	Second	ary Phone Number:	
Employer:			
Assignment of Insurance	Benefits and Authoriz	ations for Release o	of Information.
I request that payment of author to Prime Rheumatology clinic PL information needed to release to insurer any information needed to This authorization shall continue	LC for any services furni o the Health Care Finar o determine these benefi	shed to me. I authorize noing Administration, ts or the benefits paya	ze any holder of medical its agents and/or other
Signature of Patient			Date



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RHEUMATOLOGY PATIENT HISTORY FORM

Date:/	
NAME:	Birthdate:/
	M. I.
Marital status: ☐ Never married ☐ Married ☐ Divorced ☐	☐ Separated ☐ Widowed ☐ Partnered/significant other
Whom do we thank for referring you here?	
Name of your primary care physician:	
Describe briefly your present symptoms:	Please shade all the locations of your pain over the past week on the body figures and hands. Example: Left Left Left
When did your symptoms start?	
What diagnosis have you been given, if any?	Left Right Are you right or left handed? (Which hand do you sign your name with?)
Please list the names of other practitioners you have seen	for this problem:
Previous treatment for this problem (include physical thera later):	py, surgery, and injections; medications to be listed



Do you get enough sleep at night? ☐ Yes ☐ No

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RHEUMATOLOGIC (ARTHRITIS At any time have you or a blood re		ne following? (check if "	'ves")
At any time have you or a blood re	Yourself	Relative	→ →	Name/relationship
Arthritis (type unknown)				
Osteoarthritis				
Rheumatoid arthritis				
Gout				
Lupus or "SLE"				
Ankylosing spondylitis				
Childhood arthritis				
Sjogren's syndrome				
Osteoporosis				
Psoriasis/psoriatic arthritis			_	
PAST MEDICAL HISTORY Do you now or have you ever had Diabetes High blood pressure High cholesterol Hypothyroidism Goiter Cancer (type) Leukemia Psoriasis Angina Heart problems Other significant illnesses (please	☐ Heart m ☐ Pneumo ☐ Pulmona ☐ Asthma ☐ Emphys ☐ Stroke ☐ Epilepsy ☐ Cataract ☐ Kidney o	enia ery embolism ema ((seizures) ts disease stones		☐ Crohn's disease ☐ Colitis ☐ Anemia ☐ Jaundice ☐ Hepatitis ☐ Stomach or peptic ulcer ☐ Rheumatic fever ☐ Tuberculosis ☐ HIV/AIDS
Previous Operations	,	/ 2.2.1		Decem
Type		/ear		Reason
1.				
2				
3				
4				
5				
6.				
7.				
Any previous fractures? ☐ No ☐	Yes Describe			
Any other serious injuries? ☐ No				
,				
Do you smoke? ☐ Yes ☐ No ☐	•			
Do you drink alcohol? ☐ No ☐ Ye				
Has anyone ever told you to cut d	-	_		
Do you use drugs for reasons that	are not medical?	□ No □ Yes	If ves. ple	ease list:



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Do you wake up feeling rested? ☐ Yes ☐ No
MEDICATIONS Drug allergies: □ No □ Yes To what?
Please list any medications that you are now taking. Include non-prescription medications, such as aspirin, vitamins, glucosamine, laxatives, calcium, etc.
Name of drug Dose (include strength and number of pills per day)
1.
2.
3.
4.
5.
6.
7.
8.
9.
10.
11.
12.
PERSONAL HISTORY What is your highest educational level? ☐ High school ☐ Some college courses ☐ College graduate ☐ Advanced degree
What is your current or past occupation?
Are you currently working?: ☐ Yes ☐ No ☐ If yes, hours/week If not, are you ☐ retired ☐ disabled ☐ sick leave?
Do you receive disability or SSI? ☐ Yes ☐ No If yes, for what disability?
What date did this disability begin?
With whom do you currently live?
How much exercise do you get each week? What kind of exercise?
FAMILY HISTORY IF LIVING IF DECEASED
Age Health Age at death Cause
Father
Mother
Number of siblings: Number living
Number of children Number living List ages of each
Health of children:



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SYSTEMS REVIEW

Date of last eye exam	Date of last chest x-ra	ay
Date of last bone density test		
Result of last TB (PPD) test: ☐ Never do	one D Negative D Positive	Date test performed:
GENERAL	THROAT	BLOOD
☐ Recent weight gain; how much	☐ Frequent sore throats	□ Anemia
☐ Recent weight loss: how much	☐ Hoarseness	Bleeding tendency
☐ Fatigue	☐ Difficulty in swallowing	
☐ Weakness	Pain in jaw while chewing	SKIN
□ Fever		Easy bruising
□ Night sweats	NECK	☐ Redness
	□ Swollen glands	☐ Rash
MUSCLE/JOINTS/BONES	☐ Tender glands	Hives
☐ Morning stiffness		☐ Sun sensitive
Lasting how long Minutes	HEART AND LUNGS	☐ Skin tightness
Hours	Pain in chest	■ Nodules/bumps
☐ Joint pain	☐ Irregular heart beat	☐ Hair loss
☐ Muscle weakness	☐ Sudden changes in heart beat	☐ Color changes of
☐ Joint swelling	☐ Shortness of breath	hands or feet in the
List joints affected in the last 6 months	☐ Difficulty in breathing at night	cold (Raynaud's)
	☐ Swollen legs or feet	NEDVOUG CYCTEM
	Cough	NERVOUS SYSTEM
	☐ Coughing of blood	☐ Headaches
	_ □ Wheezing	☐ Dizziness
		☐ Fainting or loss of consciousness
	STOMACH AND INTESTINES	☐ Numbness or tingling in hands/feet
EARS	□ Nausea	☐ Memory loss
☐ Ringing in ears	☐ Heartburn	☐ Muscle weakness
☐ Loss of hearing	☐ Stomach pain relieved by food	POVOLILATRIO
EVEO	☐ Vomiting of blood/"coffee grounds"	
EYES	☐ Yellow jaundice	□ Depression
☐ Pain	☐ Increasing constipation	☐ Excessive worries
☐ Redness	☐ Persistent diarrhea	☐ Difficulty falling asleep
Loss of vision	☐ Blood in stools	Difficulty staying asleep
☐ Double or blurred vision	☐ Black stools	
□ Dryness□ Feels like something in eye	KIDNEY/URINE/BLADDER	For women only:
The control in the some of the control in the contr	☐ Difficult urination	Age when periods began:
MOUTH	☐ Pain or burning on urination	Number of pregnancies:
☐ Sore tongue	☐ Blood in urine	Number of miscarriages:
☐ Bleeding gums	☐ Cloudy, "smoky" urine	Have you reached menopause?
☐ Sores in mouth	☐ Pus in urine	☐ No ☐ Yes If yes, at what age:
□Loss of taste	☐ Discharge from penis/vagina	Date of last Pap smear:
☐ Dryness	☐ Frequent urination	Date of last mammogram:
☐ Recent increase in tooth cavities	☐ Getting up at night to pass urine	24.5 or last manimogram.
_ 1.556/1. 11.515455 111 tooli1 64/1165	☐ Vaginal dryness	If you are still having periods:
NOSE	☐ Rash/ulcers	Are they regular? Yes No
☐ Nosebleeds	☐ Sexual difficulties	How many days apart?
Loss of smell	☐ Prostate trouble	



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Authorization for Disclosure of Confidential information

Patient Name:	
DOB:	
l,	authorize the release of my protected
	tion including results of my laboratory tests, X-rays and /or other test results to the nated representative(s)
Patient Initials	
	My Spouse (Name)
	My Child (Name)
	Others (Name)
	May be left on my answering machine at home
	May be left on my answering machine at work
	May be left on my cell phone at:
	May not be given to anyone other than myself
(Date)	(Signature of Participant)
(Date)	(Witness)

This authorization shall be valid for one year from the date of signature above unless revoked in writing by the patient prior to that expiration. As a patient, you have the right to revoke this authorization in writing at any time except to the extent that action has been taken in reliance on this authorization or, if applicable, during contestability period. In order for revocation of this authorization to be effective, Prime Rheumatology Clinic of Houston must receive the revocation in writing. The Revocation must include 1) the patient's name, address, and date of birth. 2) Patient's desire to revoke the authorization. 3) Date of revocation and the patient signature. All revocation must be sent in writing to the attention Prime Rheumatology Clinic's Privacy officer at 17191 St Luke's Way #220, The Woodlands, TX 77384. Phone: (832) 821-5550 and Fax: (936) 207 4109

PRIME RHEUMATOLOGY

PRIME RHEUMATOLOGY CLINIC OF HOUSTON PLLC

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Patient Electronic Communication Consent

Prime Rheumatology clinic is dedicated to keeping your medical record information confidential. To better serve our patients, out office has established a patient portal for some forms of electronic communication. Despite our best efforts, due to the nature of the patient portal and email, third parties may have access to messages. When communicating from work, you should be aware that some companies consider email and internet usage corporate property and your messages and internet usage may be monitored. Even when emailing from home, you may feel that access to your email and internet usage is not well controlled, so you should take that into consideration. In addition, you should be aware that, although addressed to your physician, the staff and/or colleagues would have access to this information.

When sending mail, please put the subject of your message so we can process it more efficiently. Also, include your name and return telephone number in the message. We also ask that you acknowledge receipt of emails coming from this office by using the auto reply feature.

Communications relating to diagnosis and treatment will be filed in your medical record.

I understand that this office will not be responsible for information loss or delay or breaches in confidentiality that are due to technical factors beyond this office's control.

I understand and agree to the above electronic communication policy.

By signing below, I are agreeing that Prime Rheumatology Clinic may send medical related correspondence to me via electronic communication, and that we may respond to your electronic communication to us via electronic communication.

Patient Signature	Witness (optional)
Patient Name	Date of Birth
 Date	



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HIPAA Notice of Privacy Practices

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

Prime Rheumatology Clinic of Houston (PRCH) is required by law to maintain the privacy of your health information and to provide you with notice of its legal duties and privacy practices with respect to your health information. If you have questions about any part of this notice or if you want more information about the privacy practices at Prime Rheumatology Clinic of Houston, PLLC (PRCH) please contact us at (832) 821-5550, or 17191 St Luke's Way, The Woodlands, TX 77384

- **I. How PRCH may Use or Disclose Your Health Information:** PRCH collects health information from you and stores it in a chart and on a computer. This is your medical record. The medical record is the property of PRCH, but the information in the medical record belongs to you. PRCH protects the privacy of your health information. The law permits PRCH to use or disclose your health information for the following purposes:
 - 1. Treatment. We may disclose your health care information to other healthcare professionals for the purpose of treatment, Payment or healthcare operations. Example: Reviews of your file by a doctor whom we may involve in your care.
 - 2. Payment: We may disclose your health information to your insurance provider for the purpose of payment or health care operations. Example: "As a courtesy to our patients, we will submit an itemized billing statement to your insurance carrier for the purpose of payment to Prime Rheumatology Clinic of Houston, PLLC for health care services rendered. If you pay for your health care services personally, we will, as a courtesy, provide an itemized billing to you for your insurance company for the purpose of reimbursement to you. The billing statement contains medical information, including diagnosis, date of injury or condition, and codes which describe the health care services received"
 - 3. Regular Health Care Operations. We may disclose your health information to a staff member in order that they may process paperwork, input computer information, fill out report forms, for copying or faxing whereby your medical condition, diagnosis and treatment may be visible to them in their day to day work. "If a staff member is asked to copy records that are to be sent to another doctor at your request."
 - 4. Notification and communication with family. We may disclose your health information to notify or assist in notifying a family member, your personal representative or another person responsible for your care about your location, your general condition or in the event of your death. If you are able and available to agree or object, we will give you the opportunity to object prior to making this notification. If you are unable or unavailable to agree or object, our health professionals will use their best judgment in communication with your family and others.
 - 5. Required by law. As required by law, we may use and disclose your health information.
 - 6. Public health. As required by law, we may disclose your health information to public health authorities for purposes related to: preventing or controlling disease, injury or disability; reporting child abuse or neglect; reporting domestic violence; reporting to the Food and Drug Administration problems with products and reactions to medications; and reporting disease or infection exposure.
 - 7. Health oversight activities. We may disclose your health information to health agencies during the course of audits, investigations, inspections, licensure and other proceedings.
 - 8. Law enforcement/Judicial and administrative proceedings. We may disclose your health information in the course of any administrative or judicial proceeding. We may disclose your health information to a law enforcement official for purposes such as identifying of locating a suspect, fugitive, material witness or missing person, complying with a court order or subpoena and other law enforcement purposes.
 - 9. Deceased person information/ Organ donation. We may disclose your health information to coroners, medical examiners and funeral directors. We may disclose your health information to organizations involved in procuring, banking or transplanting organs and tissues.
 - 10. Research. We may disclose your health information to researchers conducting research that has been approved by an Institutional Review Board.
 - 11. Public safety. We may disclose your health information to appropriate persons in order to prevent or lessen a serious and imminent threat to the health or safety of a particular person or the general public.
 - 12. Worker's compensation. We may disclose your health information as necessary to comply with worker's compensation laws.



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- 13. Reminders. We may contact you to provide appointment reminders or to give you information about other treatments or health-related benefits and services that may be of interest to you.
- 14. Charitable Causes. We may contact you to participate in fund-raising activities for blood drives, food bank raising donations or other charitable entities that we may be involved with to benefit those in need.
- 15. Change of Ownership. In the event that PRCH is sold or merged with another organization, your health information/record will become the property of the new owner.
- 16. Emergencies. We may disclose your health information, to notify or assist in notifying a family member, or another person responsible for your care, about your medical condition or in the event of an emergency or of your death.

II. Prime Rheumatology Clinic of Houston, PLLC May Not Use or Disclose Your Health Information

Except as described in this Notice of Privacy Practices, PRCH will not use or disclose your health information without your written authorization. If you do authorize PRCH to use or disclose your health information for another purpose, you may revoke your authorization in writing at any time.

III. Your Health Information Rights

- 1. You have the right to request restrictions on certain uses and disclosures of your health information. PRCH is not required to agree to the restriction that you requested.
- 2. You have the right to receive your health information through a reasonable alternative means or at an alternative location
- 3. You have the right to inspect and copy your health information.
- 4. You have a right to request that PRCH amend your health information that is incorrect or incomplete. PRCH is not required to change your health information and will provide you with information about PRCH denial and how you can disagree with the denial.
- 5. You have a right to receive an accounting of disclosures of your health information made by PRCH, except that PRCH does not have to account for the disclosures described in parts (treatment), (payment), (health care operations), (information provided to you), (directory listings) and (certain government functions) of section I of this Notice of Privacy Practices.
- 6. You have a right to a paper copy of this Notice of Privacy Practices. If you would like to have a more detailed explanation of these rights or if you would like to exercise one or more of these rights, please circle the areas of concern and give to the front desk receptionist for follow up.

Changes to this Notice of Privacy Practices

PRCH reserves the right to amend this Notice of Privacy Practices at any time in the future, and to make the new provisions effective for all information that it maintains, including information that was created or received prior to the date of such amendment. Until such amendment is made, PRCH is required by law to comply with this Notice. Revised notices will be posted in the office and given to each new patient as they come in for care.

Complaints

If you have any questions about this notice, please ask the receptionist to speak to our Privacy Officer. If you are not satisfied with the manner in which this office handles a complaint, you may submit a formal complaint to U.S. Department of Health and Human Services (DHHS); we will provide you with the address to file your compliant. We will not retaliate in any way if you choose to file a complaint.

*These privacy practices are currently in effect and will remain in effect until further notice.

PRIME

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ACKNOWLEDGEMENT OF RECEIPT OF HIPAA PRIVACY PRACTICES NOTICE

I acknowledge that I have received, read, and understand the NOTICE OF PRIVACY PRACTICES provided by Prime Rheumatology clinic governed by the Health Insurance Portability and Accountability Act (HIPAA).

Name:		
Signature:	Date:	
	For Office Use Only	
<u> </u>	wledgement of receipt of our Privacy Practices Notice, but	could
not obtain it for the following reason:		
1. Individual refused to sign.		
2. Communication barriers prohi	<u> </u>	
. .	ented us from obtaining acknowledgement.	
4. Other (please specify):		



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Medical Record Request Form

Requesting information on the following patient:	
Patient Name:	_ DOB:
REQUESTING PHYSICIAN: Dr. Gwendoline M	lenga
AUTHORIZING RECORDS TO BE RELEASE	D FROM:
Physician First & Last Name:	
Address:	
Phone Number: Fax	
•	rds in your possession regarding my illness/treatment and that the disclosed information may be subject to records to:
RECORDS REQUESTED: Please send only the	most recent unless otherwise specified.
Progress Notes	Labs
X-ray	DEXA
MRI	CT scan
EKG	EMG/NCS
Infusion Report	Other
Purpose of Disclosure: Medical Care Insurance Attorney	Other (specify)
Patient Signature:	Date:

(This authorization is valid for 180 days from signed date and may be revoked in writing at any time)

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Pharmacy Information

_	T
lloor	Patient
17541	FAHEIII

In an effort to better serve you, Prime Rheumatology Clinic of Houston now have the capability of
sending your prescriptions directly to your pharmacy electronically.
Please provide the following information:

() NO CHANGE IN PHARMACY INFORMATION SINCE MY LAST VISIT

Patient Name:
Date of Birth:
Pharmacy Name:
Street Address:
City:
Zip Code:
Pharmacy Phone Number: